

# McKenzie River Reflections





THURSDAY, SEPTEMBER 22, 2022 Volume 45, Issue 6



Serving the McKenzie River Valley ... And Subscriber Mary Wilson of Walterville

## **Sheriff's Reports**

A caller reported that they had not seen their sister in 2 years and believed she had been murdered.

PAGE 3

## Cover crops

These hardworking plants can add organic matter and aerate the soil, protect it from compaction

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# Taking shape in Vida

## **Work on Community Center is underway**

By Gerry Aster The Vida McKenzie Community Center wants to again thank all its friends, members, and donors for making it possible for the construction of its new building to begin. The first visible activity on the Thompson Lane site began with concrete forming on October 26<sup>th</sup>. By September 5<sup>th</sup> the footings were poured and by 14th, construction of the foundation walls was on its way.

Concrete will be poured this week for completion of the stem walls and our building will really start to take shape.

To follow the progress of our project - with pictures and commentary - go to www.vidacommunitycenter.com. Click scrapbook under the Project Management heading.

Not a member of Vida McKenzie Community Center yet? It is easy to join by going to our website or by mailing us at VMCC, 90377 Thomson Lane, Vida, Oregon 97488. Family membership is only \$25! More questions? Contact Walt Wilson at 541-521-5900 or Gerry Aster at 541-896-3001.



Crews last week readied concrete forms that are the basis for the new Vida McKenzie Community Center building.

## Conservation funds available

## Grants can total up to \$50,000

The Oregon Conservation and Recreation become more difficult to protect. Advisory Committee is pleased to announce The OCRF will also invest in outdoor the opening of a funding for conservation and recreation projects in the 2021-2023 biennium.

The Oregon Conservation and Recreation Fund is a new way for Oregonians to support projects that protect and enhance the species and habitats identified in the Oregon Conservation Strategy. Funds of up to \$50,000 are available to create new opportunities for wildlife watching, urban conservation, community science, and other wildlife-associated recreation. The OCRF will prioritize projects that implement the Oregon Conservation Strategy, a blueprint for conserving Oregon's fish and wildlife and their habitats before they



recreation opportunities that connect Oregonians to the natural world and increase equity for underserved communities.

In 2019, the Oregon Legislature passed House Bill 2829 establishing the Oregon Conservation and Recreation Fund (OCRF), along with an associated Advisory Committee to guide expenditures, and directing the Oregon Department of Fish and Wildlife (ODFW) to use the fund to carry out activities to protect, maintain or enhance fish and wildlife resources in Oregon.

Online grant applications will be available starting on August 12th and closing on October 7th, with grant applications accepted for approximately 60 days.

The maximum allowable grant request per institution and/or organization will be

Any public or private non-profit organization may request funds. Private non-profit organizations must have taxexempt status under the IRS Code Section 501(c)(3).

For more information, go to: tinyurl.com.

## Topping off a landmark

Area's eastern entrance extends a "Welcome"



Crews from Image King Signs of Eugene were busy putting some finishing touches on the Walterville sign last Thursday.

WALTERVILLE: The "Gateway sign" at the western entrance of the McKenzie Valley was being readied for completion by workers last week. Supporters of the project, like the McKenzie River Chamber of Commerce, say it was originally designed to welcome tourists by now will

"have even greater significance as a way to help encourage and give hope to communities and residents as they rebuild following the devastating Holiday Farm Fire."

A similar sign will be installed near the Hwy. 20/Hwy. 126 to welcome people as they enter the area from the east.

# Rural delivery

## Orchid Health founder looks to the future

RAINBOW: Civilian, conservation, and corps were the 3 C's of the New Deal work relief program that left its mark locally by constructing trails and structures that are still in use today.

Challenging is a word often applied to become even more appropriate. Over the few years in the McKenzie River Valley, that word has sometimes felt inadequate.

Optimism was high in 1977 when a nonprofit named the McKenzie River Clinic began offering primary health care to residents. That seemed to be a workable plan for several decades. Administrative costs, computer expenses, and equipment purchases - as well as changes to insurance reimbursements - all ballooned by 2019 when the organization's annual report explained its endowment was being depleted at an unsustainable rate.

Estimates warned the clinic would need to generate six times the amount of donations it had been receiving from individuals. Those issues caused the clinic's board to search for a potential partner to take over

"When I looked at rural health clinics across Oregon, I saw a clear trend," according to Val Rapp, president of McKenzie Valley Wellness. "Independent clinics like our own McKenzie River Clinic used to be common in Oregon. By 2018, they were

either shutting down or joining forces with a hospital or a group of clinics owned by a larger company. Towns bigger than Blue River - like Oakridge and Yachats - were left with no health care at all for sometimes years, when their clinics closed."

Luckily, they believed they'd found a good match with Orchid Health, which had grown out of a 2014 school project at the University of Oregon's business school. Orchid (Oregon Rural Community Health Innovatively Delivered) was the brainchild of students Orion Falvey and Oliver Alexander. After graduation, they turned their ideas into a pilot project for rural health care in Oakridge.

Falvey and Alexander said at that time their operation could benefit rural

Rural delivery - Page 9



Orion Falvey now heads a chain of health clinics in rural Oregon.

## **Guest Opinion**

## Oregon's unaffiliated voters: More partisan than you might think

By Lynne Terry
Oregon Capital Chronicle
If Oregon's registered Democrats vote Democratic in this
November's general election, and
the Republicans vote Republican,
those numbers alone won't come
close to settling the deal.

A big reason: The largest group of voters in Oregon are the NAVs – those who register as "nonaffiliated."

(Disclosure: I'm one of them.) But what does that mean for the outcome of the general election in another couple of months?

If you dive into the numbers – which is where elections are won and lost – you find fewer answers than you might first think.

The NAV move to the mostnumerous ranking came just this year, but it's not a dramatic or sweeping development. Today – that is, according to the August voter registration figures compiled by the Secretary of State's office – nonaffiliates comprised 34.4% of all voters, compared with Democrats at 34.2% and Republicans at 24.7%; the Independent Party came in at 4.7%. (You'll notice the Democratic and NAV numbers still are close.)

Four years ago in 2018, the Independent Party had almost exactly the same percentage as it does now. But the Democrats (at 35.4%) and Republicans (at 25.8%) both had larger shares of the electorate; the NAVs (then at 32%) since have grown at the expense of both, apparently drawing from both parties about evenly.

You can see similar patterns if you go back a full decade to 2012. Then, the Democrats accounted for 40% of the voters, and Republicans 31.4%, while nonaffiliated was a mere 22%. The Independent Party accounted for 4%, not far off where they are today.

The sector of the nonaffiliated, in contrast, has grown by more than half in the last decade.

A variety of reasons may account for this, beyond dissatisfaction with the major parties. Political science professor Paul Gronke at Reed College pointed out in 2019, "There are at least 300,000 new registrants since 2016 because of (the Oregon Motor Voter Act), and 80% or more of these did not respond to a postcard allowing them to an affiliate."

Whatever the causes, this has been a long-term, not a sudden development. The shift has taken years, and it has affected both political teams almost proportionately.

What can we tell about the people moving away from the parties?

Today, exactly half of Oregon's counties have a plurality of nonaffiliated voters. The most nonaffiliated county in Oregon is one often considered the most Republican in the state: Malheur in the far east, which is 45.9% unaffiliated.

But don't be too quick to jump

10% chance precip

High: 75 Low: 46

to partisan conclusions: The least-nonaffiliated (or, you could say, the most partisan) county, with just 25.5%, is another strong GOP place, Wheeler County. The next three least-most partisan counties – Wallowa, Sherman, and Grant – also are strongly Republican in their voting patterns. But the fifth most overall partisan county is strongly Democratic Benton.

If you look at which party leads the other for second place, you find a mix of Democratic and Republican counties. Counties, where Democrats outnumber Republicans but trail the NAVs, include Wasco, Marion, Lincoln, Columbia, Clatsop, Tillamook, and Deschutes. Their Republicanoriented counterparts are Malheur, Umatilla, Morrow, Jefferson, Curry, Coos, Josephine, Linn, Yamhill, Jackson, and Polk. The coast seems to like not affiliating, and so do large sections of eastern and central Oregon. But these counties are widely varied.

Part of what's worth noticing is that the parties in second place almost always continue to register wins at the polls: Ordinarily, whichever party registers more voters tends to win overall, however many NAVs there are. That suggests nonaffiliates are not necessarily as independent as you might think. They still tend to break between the parties much like the rest of the counties around them

The biggest regional exception to the move toward non-affiliation has been the Portland metro area along with Lane County.

A decade ago, Multnomah County registered 23.6% of its voters as NAVs. That has risen since to 31.8%, an increase well below the state average. But the percentage of Democrats in the state's largest county has stayed relatively steady over that time, declining just a little from 53.4% to 51.4%. Republicans, however, took a hit in Multnomah, falling from 15.8% to 10.6%. Since the Independent Party percentage barely budged, that suggests Multnomah expanded its NAV ranks mainly at the expense of Republicans.

Washington, Clackamas, and Lane, while less Democratic than Multnomah, all have Democratic pluralities, and as a group shows a somewhat similar pattern. Washington County does have a percentage of nonaffiliates close to that of Democrats, though Republicans now trail far behind, a massive shift from 2012 when Republicans were in a competitive second place.

The nonaligned vote is one of the ways metro Oregon varies from the rest of the state.

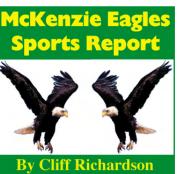
In Oregon as a whole, nonaffiliated simply means voters who didn't join a party. It doesn't mean they vote a lot differently from those who do.

o. tinyurl.com/bddk8thz

0% chance precip

High: 71 Low: 41





#### McKenzie Varsity Sports Schedule This Week

The McKenzie Varsity Volleyball team travels to Eddyville on Tuesday, September 20, for a match starting at 6:00 pm. The Eagle team hosts Mohawk on Wednesday, September 21, in Finn Rock at 6:00 pm. The McKenzie Varsity Cross Country team travels to Cheadle Lake Park near Lebanon on Friday, September 23, to compete in the Champs Invite meet. The 3K Junior Varsity Girls and Boys races start at 4:00 pm, the 5K Girls Varsity race at 4:30 pm and the Boys 5K Varsity race starts at 5:15 pm. The McKenzie Varsity Football team hosts Crow on Friday, September 23 and kickoff is scheduled for 7:00 pm.

#### Sailors Hold Off Eagles In Six-Man Clash

McKenzie's Six-man football team dropped it's second game of the 2022 season, falling to the Mapleton Sailors last Thursday, September 15, down on the Siuslaw. The Sailors held off a determined Eagle offense to win 21-13 and secure the team's first win of the official inaugural OSAA Six-Man Football season. Mapleton improved to 1-2 and McKenzie stands at 0-2. The Eagles opened at Siletz the previous week with a 32-7 loss.

At Mapleton, Eagle junior Wide Receiver Griffin Withalm scored an electrifying 95-yard pass reception from senior Quarterback Trent Peek. Freshmen Running Back Allen Acevedo scored the Eagles' other touchdown and lone PAT on the ground. Acevedo

led the McKenzie ground attack, rushing 10 carries for 60 yards gained. Withalm carried 7 times for 36 yards and junior Solomon Acevedo finished with 15 yards gained on 2 carries.

Defensively, McKenzie was led by Withalm (playing Defensive Back) with 10 total tackles (8 solo). Solomon Acevedo and junior Thomas Hayes each totaled 8 tackles (5 solo each), Allen Acevedo finished with 6 total (3 solo), sophomore Jamie LeClaire totaled 4 tackles (2 solo) and junior Levi Lockard finished with 1 solo tackle. LeClaire also had 1 forced fumble.

McKenzie will be looking for a victory in the Eagle home opener when the Crow Cougars arrive at Wade Thomas Field this Friday, September 23. The Cougars are also 0-2 thus far in the season, with losses to Triangle Lake (12-52) and Jewell (0-41).

#### Lakers Set Eagles In Three Straight

The McKenzie Varsity Volleyball team welcomed opponent Triangle Lake to the Eagle gymnasium last Monday, September 12, for a Mt. West League match. The MWL leading Lakers handed their Eagle host its fourth straight loss in the early 2022 season with a three set win.

The first set went to the Lakers 25-17. The Eagles rebounded hard in the second set losing 25-23 and Triangle Lake finished the night with a 25-14 set win. No stats were available at press time.

The Eagles schedule doesn't get any easier as the next three matches will be with the rest of the top tier in the Mt. West League standings. First up on Tuesday will be Eddyville Charter (4-0, 5-3) on the road, Mohawk (4-0, 5-4) the next evening at Finn Rock, and Alsea (2-3, 4-6) on the road.

#### Eagle Freshman Myra Dion Running Well Early On

McKenzie's Myra Dion is off to good start in her first Varsity Cross Country season. The Eagle freshman placed 9th in her first race down in Oakland at the Acorn Gully Chase, September 14, running the Girl's 3K Varsity race in 14:55.37 minutes. Oakland freshman Callie Sarnoski won the meet in 13:35.17 min.

Eagle freshmen teammates Will Meister and Devon Lawson finished their Boys 3K Varsity races in 15:00.86 min. and 19:50.77 min. respectively. Those times were good for 25th and 32nd place finishes. Triangle Lake's Viggo Beck won the race in a time of 10:38.09 min.

The second meet of the early season was held at Lane Community College, the NW Classic XC 2022. Again, Dion ran very well, this time placing 14th out of 148 runners hailing from around the State. Dion's time for the Girls 5K Junior Varsity Open race was 24:35.40 min. Eva Dicharry, a freshman athlete out of Summit High School in Bend, won the race in 21:38.60 min.

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## McKenzie



Phone (541) 822-3358 FAX (541) 663-4550 MAILING ADDRESS: 59059 Old McKenzie Hwy. McKenzie Bridge, Oregon 97413 rivref2@gmail.com

Publisher - Ken Engelman

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# Friday 9/23 Saturday 9/24 McKenzie Valley Santiam Pass Sunny McKenzie Valley Sunny Sunny Sunny Santiam Pass Sunny Sunny Sunny Sunny

High: 80 Low: 48

High: 63 Low: 38

Sunday 9/25

Sunday 9/25

McKenzie Valley Santiam

McKenzie Valley Sunny Sunoy 10% chance precip High: 84 Low: 50

Santiam Pass Sunny 0% chance precip High: 76 Low: 44

WEATHER REPORT READINGS TAKEN AT THE **READINGS TAKEN AT** US ARMY CORPS COUGAR DAM **EWEB LEABURG POWERHOUSE** <u>Date</u> <u> High</u> Low <u>Rain Releases</u> Date High Low Rain Riverflow 9/13 70 54 0 673 cfs 9/13 69 53 0.01 3,310 cfs 53 9/14 73 0 673 cfs 50 3,080 cfs 9/14 72 0 9/15 50 69 0 NA 9/15 74 50 0 2,740 cfs 9/16 66 53 0 666 cfs 75 55 3,700 cfs 9/16 0 9/17 66 33 0.34 666 cfs 42 9/17 73 0 2.490 cfs 9/18 69 50 0 680cfs 8/18 69 51 0.01 2,410 cfs 6/19 69 46 0 695 cfs 9/19 76 2,410 cfs

#### **McKenzie River Reflections**

## Sheriff's Report

**Sept. 5: 7:21 p.m:** Assault 92500 block, Martin Ln. Caller reported a physical dispute between her and her husband. Deputies investigated and learned that the male had injuries as a result of the dispute. The involved female was arrested for domestic assault.

**8:10 p.m:** Disturbance, Dispute - 38100 blk, B. St. Deputies received the report of a dispute between family members at a residence. Investigation revealed the dispute had been verbal only.

**8:21 p.m:** Disturbance, Dispute - 92100 blk, Marcola Rd. Deputies received the report of a dispute at a residence. Investigation revealed no evidence of a crime.

**Sept. 6: 3:03 a.m:** Prowler - 59200 blk, N. Belknap Springs Rd. Caller reported that someone tried to get into her residence through a window. Deputies responded and checked the area.

**3:14 p.m:** Theft - 41000 blk, McK. Hwy. Caller reported receiving a package from Amazon, but the product was not inside the package.

Sept. 7: 10:51 a.m: Suspicious Conditions - 36200 blk, Camp Creek Rd. Caller reported finding empty shell casings on her property.

**Sept. 8: 4:27 p.m:** Threat, Harass-ment - 39600 blk, Mohawk Loop Rd. Caller reported that a vendor at a festival yelled and cussed at her.

Sept. 11: 12:19 a.m: Illegal Fireworks - 8900 blk, Thurston Rd. A caller reported juveniles using bottle rockets in a field.

12:21 a.m: Disturbance, Dispute - 90700 blk, Hill Rd. Deputies received the report of a dispute at a residence. Investigation revealed no crime had occurred.

**12:02 p.m:** Burglary 44800 blk, McK. Hwy. Caller reported a broken window and possibly burglary at an area business. Deputies responded and determined that someone broke into the location and stole undisclosed property.

12:17 p.m: Disturbance, Dispute - 87800 blk, Cedar Flat Rd. Caller reported that her mother was possibly being held against her will at a residence by another family member. Deputies responded and conducted a welfare check.

Sept. 12: 10:36 a.m: Suspicious Conditions - Marcola Rd. & Camp Creek Rd. A deputy patrolling the area checked on the occupants of a camp trailer parked near an area

Sept. 13: 9:40 a.m: Theft of Mail - 38100 block, McK. Hwy.

1:58 p.m: Suspicious Conditions - 88200 blk, Tiki Ln. A caller stated that an older fourdoor silver Acura pulled into the caller's driveway and a male got out briefly. Caller believed that the male was possibly casing her

3:24 p.m: Suspicious Vehicle -Wendling Rd. Milepost 3.

6:06 p.m: Illegal Burn - McK. River Dr. & McK. Hwy.

**Sept.14: 12:07 p.m:** Criminal Mischief - 92200 blk, Alcorn St. A caller reported that someone possibly attempted to enter their residence through a window.

12:29 p.m: Intoxicated Subject - 59200 blk, N. Belknap Springs Rd. An employee reported a highly intoxicated male that was barely able to stay awake had stayed past his checkout time. Medics responded and transported

1:58 p.m: Suspicious Condi-

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Nadine Scott, broker

tions - 88200 blk, Tiki Ln.

4:22 p.m: Citizen Contact - 45600 blk, McK. Hwy.

**5:10 p.m:** Vehicle Stop - McK. Hwy. & Horse Creek Rd.

Continued On Page 6

## State Police Report

Sept. 16: 06:57: Crash, Non-Injury - Hwy. 126E, Milepost 18. A white Toyota Yarus was driving westbound. The driver stated he was getting tired and his vehicle went into the gravel on the north side of the road. The driver then overcorrected bringing the vehicle back into the lane of travel, then back off the road down the embankment. No ODOT property was damaged. The vehicle was towed at owner's request. Involved: 26-year-old male.

## McKenzie Fire & Rescue

**Sept. 12: 0:46:** 45000 block, Goodpasture Rd. Medical, General. Patient Assessed, 1 Transported.

Subject Down. False Alarm.

**18:44:** 39000 blk, McK. Hwy. Motor Vehicle Accident. Disregarded/Non-Injury, Blocking.

**Sept. 14: 9:38:** 51000 blk, Blue River Dr, Mutual Aid. Disregarded Prior to Arrival.

**9:50:** 89000 blk, Bridge St, Medical, General. Patient Assessed, Refusal Signed.

**Sept. 15: 11:31:** McK. Hwy./ Mp. 24 Hazardous Materials. Conscious, Breathing.

Unable To Locate.

16:59: 42000 blk, McK. Hwy. Fire, Vehicle. No Fire, Cooling System Failure.

19:22: 38000 blk, Natures Garden, Lift Assistance Provided.

**Sept. 16: 6:56:** McK. Hwy. Mp. 19. MVA. Non-Injury/Non-Blocking.

13:24: 37000 blk, Upper Camp Creek Rd. Medical, General. Patient Assessed, 1 Transported.

18:15: Camp Creek Rd/Whitsell Ln. MVA. Patient Assessed, 1 transported.

Sept. 18: 15:25: Mountain View Ln./McK. Hwy. Medical, General. Patient Assessed, 1 Transported.

## **Upper McKenzie** Fire/Rescue

Sept. 13: 00:28: Motor Vehicle Accident - McK. View Dr./Egge Rd. Single vehicle turned on its

**18:12:** Illegal Burn – McK. River Dr./McK. Hwy. Subject camping with a fire pit that appears to be nothing or makeshift.

**Sept. 14: 09:35:** Medical - 51000 block, Blue River Dr. 13:33: McK. Hwy. Milepost 18. Female, conscious, breathing.

> **12:22:** Medical – 59000 blk, N, Belknap Springs Rd. Male, conscious, breathing, unable to stay awake.

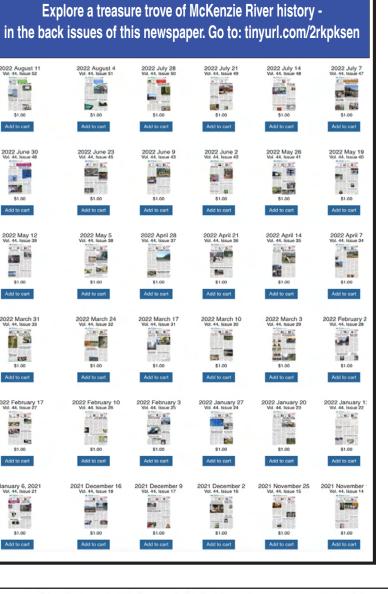
> 15:23: Medical - 54000 blk, McK. Hwy. Male, conscious,

> **Sept. 18: 14:02:** Medical - 56000 blk, Hall Dr. Male, conscious, breathing.

**Sept. 19: 16:26:** Medical - 55000 blk, Delta Rd. Male,











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Subscribe TOD tinyurl.com/2vf5caa6 Page 4 McKenzie River Reflections Thursday, September 22, 2022



...saving stories from the rising tide of time.

From the March 13, 2008 edition of McKenzie River Reflections

# **Errant driver misses State Trooper, then hits tow truck**



A second accident at the scene of an existing one had a state trooper, a tow truck driver and an ODOT employee fleeing to escape an out of control vehicle.

SANTIAM PASS: Several recent crashes in the Santiam Pass area have been attributed to unsafe speeds for the conditions. Spokesmen for the Oregon State Police say they should serve as reminders that potential icy conditions still exist even though we are seeing clear skies and what looks like dry roads.

"Motorists navigating the mountain passes are seeing clear skies and dry roads but are forgetting that any one of the numerous curves that are shaded may be covered with ice," said OSP Sergeant Eric Brown. "Common at

this time of year is for the packed snow along the roadway shoulder to melt during the day and result in water run off onto the highway. That water will freeze overnight and the melt will be delayed in

the shaded areas, or the highway will just stay ice covered due to no direct sunlight."

One example occurred last Wednesday that nearly resulted in a tragedy. Oregon State Police Senior Trooper Mike Brady was assisting Davis Towing near Lost Lake on the Santiam Pass when a motorist entered a shaded area and lost control on the ice, nar-

111th Year - No. 154

rowly missing an oncoming car. While the Tow Company, ODOT and Senior Trooper Brady were clearing up the scene, another motorist who was also driving too fast came upon the scene and lost control. The tow driver, an ODOT employee and the OSP trooper all believed they were in danger as the vehicle was sliding towards them. The three ran away from the sliding vehicle, which slammed, into the front of the tow truck. There were no injuries and both vehicles could be driven away.

"The emphasis is to use caution and expect slippery conditions in the shaded areas of the mountain pass. Road conditions can change suddenly and drivers need to be anticipating the need to slow down prior to entering these areas. Any quick application of the brakes or accelerator can easily cause you to lose control," said Sergeant Brown.

The March 5th incident is also a reminder that drivers need to move over or slow down for stopped emergency vehicles. Oregon's "Move Over Law" states that if you are driving up behind any type of police car or emergency vehicle pulled over on the roadside with emergency lights flashing, you

must: \* Move over into another lane \* If you can't safely change lanes.

slow down \* In all cases, the driver must try to provide as much room as possible for the emergency vehicle.

## Coop is upgrading upriver power lines

BLUE RIVER: Workers from

C2 Contractors have been busy on a project to upgrade local electrical service. The Lane Electric Cooperative has

scheduled a number of system improvement projects for the Upper McKenzie Valley this summer according to utility spokesman Dave D'Avanzo.

The work, valued at around \$850,000, is focused on improving reliability by reducing the number and duration of power outages and providing more capacity.

To improve reliability, D'Avanzo said power lines will be moved out of the tree line and closer to the road. In addition, they're being buried underground. The work is planned for two areas.\ One extends from Christmas

Treasures east to milepost 44. The other work zone runs west from milepost 43 to the Blue River substation.

Those spots were chosen, D'Avanzo said, "Based on history and the amount of times we've had to go to those spots. We have piles of projects on the boards but those that tend to boil to the top are those that are more critical early on."

Lane Electric is also addressing growth issues (both near and long term) by converting from the existing overhead to larger underground lines to increase both reliability and capacity.

Utility officials have scheduled an "Open-House" at the Upper McKenzie Community Center to discuss and review the projects. It's scheduled for Wednesday, March 26th, from 6:30 to 8 p.m. at the Upper McKenzie Community Center.



By Slim Randles

When the Rafter E branded recently, a bunch of us went out to help. There's a definite pecking order here, and it's a badge of pride to have worked your way up the branding ladder.

As a kid, you flank the calves; you grab them, throw them and hold them down. This is conducive to abrasions, muscle strain, and involuntarily changing the color of your shirt.

As you get older, you get to handle the branding iron, then move up to giving shots. After that comes earmarking. When you reach the pinnacle of branding, that is, when you own the calves, then you get to rope the calves and drag them up to the fire.

It is a swirling cauldron of heat and hooves, excited cowdogs and bawling cows. There is the smell of manure and singed hair and sweat and corral dust.

At the Rafter E, I wielded a syringe as the youngsters got their teeth rattled by the heavy stuff.

Wasn't the first time I'd given the shots, though. Once during a branding at the Triangle Cross, I was about to immunize a calf when the calf jumped and I stuck the needle into my thumb.

Hurt like the dickens, of course, but at least it was effective. I haven't had black leg since.

Brought to you by Ol' Max Evans, the First Thousand Years, by Slim Randles. Available from unmpress.com.

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## Gardening **Tips**

By Kym Pokorny



## Cover crops benefit vegetable beds



If you're not acquainted with cover crops, here's the rundown: These hardworking plants can add organic matter and aerate the soil, protect it from compaction caused by rain, suppress weeds, and reduce erosion - some even add nitrogen to the soil, according to Nick Andrews, small farms specialist for the Oregon State University Extension Service.

Not a bad deal for an almost no-maintenance plant. All that's needed is to seed it in fall, water it a couple of times until the rains start, leave it through winter, and dig or till it in spring. However, timing is key. You want to get overwintering cover crops seeded by September or early October so they get established before the weather turns cold and wet. It's also important that plants are cut or mown down in spring before they set seed. Do this about four weeks before planting vegetables again so the crop decomposes properly.





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Andrews said. "It's best to let cover crops decompose before you plant." Cover crops, also called green

"It all depends on when you

need to get your vegetables in,"

manure, include grains like winter oats and cereal rye. Legumes, such as commonly used crimson clover, Austrian field pea, and common vetch, are nitrogen "fixers." Beneficial bacteria in legume root nodules take nitrogen from the air and supply it to the plant. When the cover crop decomposes, some of the nitrogen becomes available to other plants.

Make sure when you plant that the seed has good contact with the soil. Larger seeds like peas, vetch, and cereals should be raked in lightly. Mix small seeds with sand to make them easier to broadcast and then use a sprinkler to water in. If the weather is still dry, keep the seed bed irrigated.

When it comes time to incorporate the crop, shorter plants can be tilled right into the soil. If the plant is too tall to turn under easily, mow first or use a weed trimmer. Tough-stemmed plants can be cut and left to decompose above ground. Or the tops can be carted to the compost pile and the roots dug in. Either way, let the turned-under material sit for about four weeks before planting.

For more information, refer to the OSU Extension guide Cover Crops for Home Gardeners. Or check out Cover Crops for Home Gardeners East of the Cascades and West of the Cascades; and Cover Crop Methods for Gardeners, all publications by Washington State University that Andrews collaborated on.

For beginners, Andrews advises:

Start with a cover crop that is easy to grow and manage. For example, crimson clover is relatively easy to incorporate into the soil.

The first time you try cover crops, plant them in an area of your garden that you can leave for vegetables typically planted in late spring or early summer. This will buy you time to learn how to manage the cover crop residues in

Try another cover crop that fits in a different niche of your garden plan after you have successfully used one cover crop. Then when you gain experience, experiment with others.

Consider inter-seeding cover crops during the summer into lateharvested crops like tomatoes.

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## Country Kitchen By Mary Emma Allen

## **SQUASH FOR AUTUMN DINING**

Winter squash, in its many shapes and varieties, makes a hit in the fall. This hard, tough covered vegetable will save into the winter when stored in a dark, dry place.

Generally, in our homes today, the storage consists of a basement or pantry. Years ago, a root cellar held stored food - winter vegetables, squash, cabbage, etc. This was a dug out portion of ground, often containing a framed door, with possibly more framing inside a sort of cave.

Storage in the root cellar kept fruit and vegetables from freezing and provided food throughout the winter. If the house had a cellar and it was cold enough, food often was stored there.

Squash Appeal

Squash appealed in days ago because it kept well through the winter (if stored properly) and could be prepared in a variety of ways, thus adding variation to the menu, in days when there weren't so many different foods as today.

This vegetable comes in many types. Among them are: Hubbard, acorn (the traditional dark green), white acorn, gold acorn, butternut, bush, sugar loaf, buttercup, sugar, and turban.

Decorative Ideas for Squash

In addition to providing food for fall and winter, squash with hard shells provide decorative accents, both indoors and out.

- \* Place near your doorway, around a display of dried corn stalks, perhaps with pumpkins and gourds, too.
- \* Arrange squash and winter vegetables in a bowl on a sideboard, dining or kitchen table.
- \* Simply arrayed throughout the house wherever a colorful accent is needed, they look nice.
- \* Also displayed in a crock or basket in a front hallway they add
  - \* Place in gift baskets with

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other fall fruit and vegetables. Recipes

As mentioned, you can prepare squash in a great variety of wayssoup, casseroles, desserts, and breads.

MASHED SQUASH - Simply cooked (boiled or baked), scooped out and mashed, served with butter and a dash of cinnamon, makes an easy to prepare vegetable dish.

SQUASH PIE - Substitute cooked, mashed winter squash for the pumpkin in a recipe. It's tasty. I usually can't tell the difference, but some people claim they can.

BAKED ACORN SQUASH with APPLE FILLING - Wash 2 acorn squash, cut into halves lengthwise; scoop out the seeds and fiber. Place in a baking pan with the cut side down. Add 1/4 inch boiling water. Bake at 400 degrees F. for about 20 minutes.

Using 3 tart apples, peel, core and dice them. Mix with 1/4 cup melted butter and 1/4 cup maple syrup or honey (or more or less as you desire).

Take squash from oven, and turn cut side up. Brush with melted butter. Fill squash with apple mixture. Cover the pan with foil, and then continue baking at 400 degrees F. for 30 minutes, or until the apples and squash are tender.

**ACORN SOUASH** VARIATION - Many people serve the squash plain. Turn them right side up and sprinkle with cinnamon, possibly a little sugar, and a dab of butter. Finish baking until tender. You also can substitute maple syrup or honey for the sugar.

MORE VARIATIONS - Some cooks make bread stuffing, like that used for turkey, chicken or pork and fill the squash with it instead of apples. You also can add cranberries to the apples (recipe above) or to the bread stuffing. In the South, cooks might use cornbread stuffing.

(c) Mary Emma Allen

(Mary Emma Allen writes from her NH home.)







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## **Community Notes**

## September 23 McK River Food Pantry

Free groceries provided in accordance with Oregon Food Bank and Food For Lane County guidelines for food distribution to those in need. Tues: 11 am - 1 pm, every 2nd & 4th Friday @ McKenzie High School (New Gym)

### September 24 **Dime At A Time**

The Blue River Bottle Boys Collection/Sorting sessions are held every Saturday from 9 -11 a.m. at the Leaburg Store. Donations can be dropped off there as well.

### September 30 **Documentary Showing**

The documentay "Elemental" will be prsented as a free event at 7 p.m. at the U.S. Basketball Academy. Doors will open at 6 p., and a question and answer panel will be available after te screening. The acadamy is located at is 54705 McKenzie Hwy. in Rainbow.

## October 3 **Springfield School Board**

7 pm - 8:30 pm. The Board of Directors meet in the Administration Building, 640 A St, Springfield.

### October 8 Dime At A Time

The Blue River Bottle Boys Collection/Sorting sessions are held every Saturday from 9 -11 a.m. at the Leaburg Store. Donations can be dropped off there as well.

## October 14 McK River Food Pantry

Free groceries provided in accordance with Oregon Food Bank and Food For Lane County guidelines for food distribution to those in need. Tues: 11 am - 1 pm, every 2nd & 4th Friday @ McKenzie High School (New Gym)

## October 16

#### Save Leaburg Lake

People who want to show their support for preserving Leaburg Lake and the Dam that created it are invited to show up on Sunday, October 16th, at 3 p.m. Options include creating a flotilla of boats, kayaks and paddleboadsfor a float onthe lake or joining in on a march across the dam. Chips and soft drinks will be provided.

#### October 17

#### McKenzie Fire & Rescue

McK. Fire & Rescue will hold its monthly Board of Directors meeting at noon, at the Leaburg Training Center from noon to 1

## October 19 **Upper McK Fire Board**

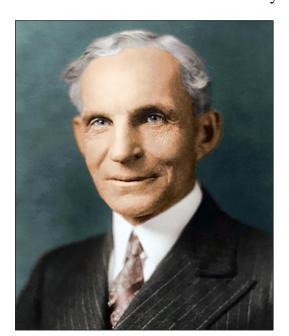
The board of directors will meet at 7p.m. 56578 McK. Hwy. in McKenzie Bridge.

## October 20 **Leaburg Food Pantry**

Leaburg Food Pantry. Free groceries provided in accordance with Oregon Food Bank and Food For Lane County guidelines for food distribution to those in need. 3 - 6 p.m. Behind the McKenzie Bible Fellowship Church, 45061 McKenzie Hwy.

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Henry Ford



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## Forest fire restrictions reduced

The Willamette National Forest has reduced fire restrictions due to moderated weather with cooler temperatures and higher humidities. Forest fires are still a threat, so visitors are asked to remain vigilant and avoid activities that could accidentally cause a wild-

Building, maintaining, attending or using a fire, campfire or stove fire, including charcoal, wood, or coal fire is not allowed on the Willamette National Forest, including in wilderness areas; however pressurized liquid or gas stoves, lanterns, and heaters that can be switched on and off are allowed. Fires are now allowed at campfire rings established by the Forest Service at posted, de-

veloped, and designated campgrounds. Review the Forest Order https://tinyurl.com/2eurx5pr for a list of locations where campfires are allowed.

Smoking is not allowed except within an enclosed vehicle or building or a developed recreation site. Additionally, welding, or operating an acetylene or other torch with open flame is also not allowed. Generators are permitted only in areas devoid of vegetation such as a paved area or developed campsite. Motorized vehicles may operate only on designated trails and roads.

Fire Danger rating is currently HIGH across the forest and the Industrial Fire Precaution Level (IFPL) is at Level 2. During an IFPL 2, personal firewood cutting may resume; however, chainsaw use is not allowed from 1 p.m. to 8 p.m. A one-hour fire watch is required after equipment is shut-

Visitors should "Know Before You Go" as fire area closures from this year and last year remain in effect. Please be aware of current restrictions before you head out and share current information with others who may be unaware of the restrictions. View our alerts https://tinyurl.com/ys5yrdhu and our closures at https://tinyurl. com/25tfzd8w for additional information.

Follow us on Facebook and Twitter @WillametteNF for the latest updates.

## Sheriff's Report

#### **Continued From Page 3**

**5:37 p.m:** Vehicle Stop - McK. Hwy. & Horse Creek Rd.

Sept. 15: 10:23 a.m: Found Animal - 89400 blk, Old Mohawk

10:59 a.m: Child Abuse - 90600 blk, Marcola Rd.

11:41 a.m: Suspicious Vehicle - Johnson Rd. & Marcola Rd.

12:18 p.m: Suspicious Conditions - 38400 blk, Wendling Rd. A caller reported that they had not seen their sister in 2 years and believed she had been murdered. Deputies made contact with the sister and determined that she was

5:15 p.m: Reckless Driving -Hill Rd. & Old Mohawk Rd.

9:16 p.m: Criminal Mischief

- 90300 blk, Thomson Ln. A resident called to report that someone had tampered with the deadbolt on their back door.

Sept. 16: 9:53 a.m: Recover Stolen Vehicle - 50400 blk, McK.

3:58 p.m: Disturbance, Dispute - 90700 blk, Hill Rd. A caller advised that their special needs child was acting out of control. Deputies responded and made contact with the involved who had calmed down quite a bit.

4:53 p.m: Drug Info - Leaburg Dam Rd. & McK. Hwy. 4:58 p.m: Burglary - 40000 blk,

McK. Hwy. 6:16 p.m: Suspicious Vehicle -

Crooked Creek staging site. 7:14 p.m: Attempt To Locate

Drunk Driver - Marcola Rd. & Howard Rd.

7:18 p.m: Motor Vehicle Accident, Driving Under the Influence of Intoxicants - 36500 blk, Camp Creek Rd.

8:08 p.m: Assist Motorist -Parsons Creek Rd. & Marcola

8:40 p.m: Welfare Check -37900 blk, Shenandoah Lp.

9:00 p.m: Disturbance, Dispute- 38300 blk, Wendling Rd.

**Sept. 16: 9:53 a.m:** Recover Stolen Property - 50400 blk, McK. Hwy.

**4:58 p.m:** Burglary - 40000 blk, McK. Hwy. A caller reported that someone stole bedding from a residence.

6:16 p.m: Suspicious Vehicle -Crooked Creek staging site.

7:18 p.m: Motor Vehicle Accident, DUII- 36500 blk, Camp Creek Rd.

8:08 p.m: Assist Motorist -Parsons Creek Rd. & Marcola

8:40 p.m: Welfare Check -37900 blk, Shenandoah Lp.

9:00 p.m: Disturbance, Dispute - 38300 blk, Wendling Rd. Verbal dispute between students from two different schools.

Sept. 17: 11:52 a.m: Assist, Follow Up - 37900 blk, Shenandoah Loop.

3:43 p.m: Suspicious Conditions - Cascade View staging

9:20 p.m: Alarm - 89900 blk, Greenwood Dr.

**Sept.18:** 10:26 **a.m:** Disturbance, Dis-pute 54400 blk, McK. River Dr. Verbal dispute between spouses.

12:10 p.m: Suspicious Conditions - 91800 blk, Taylor Rd.

**12:17 p.m:** Hit & Run - 55600 blk, McK. River Dr.

2:07 **p.m:** Warrant Service - McK. Hwy. & N. Gate Creek Rd.

2:22 p.m: Assist Fire Dept. - 56200 blk, Hall Dr.

**3:25 p.m:** Assist Oregon State Police - McK. Hwy. & Mountain

Sept.19:2:01p.m: Disturbance, Dis-pute - 55300 blk, McK. River

2:10 p.m: Mental Subject -91800 blk, mill creek Rd.

**4:54 p.m:** Suspicious Vehicle - Blue River Dam.

Comments as reported may

not be complete or accurate. If further information is required contact the Lane County **Sheriffs Office.** 

**Emergency? Call** 911

## Don't be shy...apply!

Lane County Cultural Coalition grants are now available. LCCC offers Cultural Opportunity Grants, funded by Oregon Cultural Foundation, to support cultural programs and projects throughout Lane County. These grants target for-profit organizations, non-profit organizations and individuals planning projects to be started and completed in 2023. Emphasis is being focused

on granting to organizations or individuals in rural Lane County, so don't be shy!

By going to LCCC's website (lanecountyculturalcoalition.net) you will find information about the types of eligible projects. Applications are submitted electronically, and you can download the application from the website.

For more information, contact Gerry Aster at 541-896-3001.

## **An Invitation** to Worship

## McKenzie Bible Fellowship

45061 McKenzie Hwy - Pida, Oregon Sunday Worship - 10:00 a.m. **Youth Ministries** KidsFest Family Activities Small Group Fellowships Men's & Women's Bible Studies Call 896-3829 for informat www.mckenziebible.com

Living Water Family Fellowship
Pastor - Doug Fairrington
52353 McKenzie Hwy - Milepost 42
541-822-3820
Gathering Sundays at 10:00 AM,
Children's ministry also.
Come early for a meet and greet continental breakfast and coffee at 9:30 AM.
Thursdays, 6:00 PM, Celebrate Recovery
(12 Step Program)

## Catholic Church

St. Benedict Lodge Chapel 1/2 mile off Hwy. 126 on North Bank Rd., McKenzie Bridge Sat. Eve. 5:00pm Sun. Morn. 9:30am; web page: sblodge.opwest.org

McKenzie Valley Presbyterian Church Please join us for worship Sundays at 10:30 am, either in church on Hwy. 126 just east of Walterville, or on our Facebook livestream. You

may also make prayer requests, or request an emailed or earth-mailed bulletin -- phone or send email to Nancy Ashley, nancy.w.ashley@gmail.com, 541-914-1986. We would love to meet you! Milepost 13 McKenzie Hwy. (541) 747-2604

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## **Direct Answers**

By Wayne & Tamara Mirthell

#### **Familiar Territory**

My friends, Nick and Elisabeth, are married but live separately. She's away at school, and he works here. They've been together eight years, married for three. To all appearances their relationship is happy and healthy.

Elisabeth is one of the most wonderful people I know. Nick is interesting, funny, but a bit sleazy, and I'm not nearly as close with

Three years ago, Nick came on to me in a very physical way. I was shocked. He had always been flirtatious, but he flirts with everyone. I told him to back off and left in a hurry.

I spent weeks agonizing over whether I should tell Elisabeth. Finally, he told her. She was devastated and almost dumped him. He proposed. To make a long story short, they got over it and

For the past couple of years, things have been great. Elisabeth and I got closer, and I rarely saw Nick alone. Since she left, Nick has been lonely, and since his office is close to mine, we occasionally have lunch.

Things have been fine for ages, so last night when he called to ask if I needed company, I said yes. He hugged me when he came in, and put his arm around me while

we watched TV. As the evening progressed, he got cuddlier. He brushed my breast as if by accident, and I didn't know what

Each time I returned to the couch, he pulled me close though I resisted. He stood behind me while I washed dishes, put his hand around my waist, and pressed himself up against me. Several times he ran his hands over my bum when I bent down and "accidentally" brushed my pubic area a couple of times as

I thought the physical signals I was giving were clear, but I couldn't bring myself to make a scene. Finally I asked him to

Today I feel extremely angry, at myself and him. I should have slapped his hand, yelled, and shoved him out the door. I am not in the least bit attracted to this man, and he is my best friend's husband!

Do I tell Elisabeth? Do I keep my mouth shut, risking that he will cheat and she won't find out until they have kids, or she contracts some disease? I don't think she will blame me. I did nothing wrong.

Cassandra

Cassandra, your namesake in

Greek mythology was blessed with the gift of foreseeing the future, but cursed because no one believed her.

How can you tell Elisabeth? If you conceal the details, she can brush this off as another harmless flirtation. If you reveal the details so you are believed, Elisabeth will feel they implicate you even more than her husband.

The first time a woman is touched in an unwelcome, sexual manner she says stop, she says no, she leaves the area. Why didn't you do what you did once before with this very same man? Elisabeth will demand the answer to that question.

Whatever you choose to do, your relationship with these two is over. That part of the future is perfectly clear.

Wayne & Tamara

Wayne & Tamara are also the authors of Cheating in a Nutshell, What Infidelity Does to the Victim, available from Amazon, Apple and most booksellers.

## American Life in Poetry

By Kwame Dawes Rachel Eliza Griffiths has written poems and composed photographs in response to the loss of her mother. She has always been fascinated by the exchange between birth and death that characterizes their relationship. "Illusion" is doing the same work of connecting the haunting memory and spirit of her mother to her own awareness, her own mortality, and her turn to live and fill the space vacated by her mother. I typically do not quote poets speaking of their work in this column, but I found this gem by Griffiths from an interview that seems a fit introduction to this poem: "With the death of my mother, the woman (myself) can't go back out of the world until she mothers herself. I must go forward to my own beginning and to consider my own death."

#### Illusion

By Rachel Eliza Griffiths Waiting inside of the night, I could make out the mound & my mother's eyes, the blank embrace of innocence when she returned from the other side of the light where everything wept as it was loved & forgotten. It's your turn, it's always your turn, the night says.

We do not accept unsolicited manuscripts. American Life in Poetry is made possible by The Poetry Foundation (www. poetryfoundation.org), publisher of Poetry magazine. It is also supported by the Department of English at the University of Nebraska-Lincoln.Poemcopyright ©2020 by Rachel Eliza Griffiths, "Illusion" from Seeing The Body (W.W. Norton & Company, 2020.)

Quote from "Anatomy of Grief: A Conversation with Rachel Eliza Griffiths" By Sarah Herrington, LA Review of Books, October 13, https://lareviewofbooks. org/article/anatomy-of-grief-aconversation-with-rachel-elizagriffiths/. Poem reprinted by permission of the author and the publisher. Introduction copyright ©2022 by The Poetry Foundation. The introduction's author, Kwame Dawes, is George W. Holmes Professor of English and Glenna Luschei Editor of Prairie Schooner at the University of Nebraska.

## **Fishing** Report

McKenzie River: All hatchery rainbow trout released into the McKenzie River are marked with an adipose fin clip and anglers must release all non fin-clipped (wild) trout in the mainstem river. The lower 11 miles of the McKenzie River below the Hayden Bridge and the McKenzie River upstream from Forest Glen Boat Ramp at Blue River - are restricted to angling with lures and flies only, and all trout must be released.

**Trout Stocking Schedule:** Trout stocking is underway on many lakes and reservoirs throughout the state. Releases of 8" to 10" hatchery fish last week were: McKenzie River (above Leaburg Dam) - 1,833.

Fish Counts September 15, Willamette Falls

Fall Chinook – 1,322 Winter Steelhead - 5,860



A Moment in Oregon **History** 

By Rick Steber (www.ricksteber.com)

September 22 - In 1894 the United States economy was mired in a deep depression. A group of hungry and desperate Oregon men formed themselves into a contingent called the Fifth Regiment of the Industrial Army. They commandeered a railroad train, informed the engineer he was to take them to Washington, D. C. where they planned to meet with President Grover Cleveland and request the government to intervene on the side of the working man. But a unit of cavalry troops stopped the train at Arlington and sent it back to Portland. Two days later, the 439 men involved in the demonstration, were reprimanded to the U. S. District Court where the judge ordered the group to disband.

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## <u>Personal</u>

If you want to drink, that's your business. If you want to stop, that's ours. AA Group meets Wednesday 6:00pm-7:00pm and Sunday 5:00-6:00pm at the McKenzie Valley Presbyterian Church, 88393 Walterville Loop, a block from the Walterville Shopping Center. N/c-sub 5/15/-5/11/14

## **Phones**

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## **Quilters/Needle Crafters**

The Leaburg Sew & So's are meeting most Friday afternoons at the McKenzie Fire and Rescue Training Center. Please call Sara at (541) 896-3059 for more information.S=JS-2/25/10ruc

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## **PUBLIC NOTICE**

NOTICE IS HEREBY GIVEN that the underigned intends to sell the personal property described below to enforce a lien imposed under ORS 87.687, The Oregon Self- Storage Facilities Statue. The undersigned will sell by competitive bidding, starting on Saturday of September, 30th, 2022 at 10:00am. On the website: www storagetreasures.com; said property which has been stored and which is located at 42nd Street Center Mini Storage (DBA; McCabe Properties,

362 N. 42ND ST. SPRINGFIELD, OR 97478. Lane County State of Oregon: the following SIX WHOLE UNITS: #0517 WAYNE MADDY (10X20); 0702 ERIC EDWARDS (12x30); 1242 ASTRA EV-ANS (5x5); 1711 J. ALBERT REYNOLDS (10x15); 1724 ALEXANDRIA BATEMON (10x15); 1806 ASHLEY BROMLEY (10x10).

Auction will end on Friday, October 7th, 2022

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## PUBLIC NOTICE

NOTICE INVITING BIDS - The Upper McKenzie Community Center is requesting bids from properly licensed contractors for construction in accordance with our building plans and specifications. Only Licensed, Bonded and Insured contractors will be

The scope of work includes: PHASE 1: Interior emodel including a reconfiguration of walls, halls and doorways to upgrade to ADA compliance for bathrooms and corridors. Experience working with non-profit community based organizations is de-

Interested contractors should contact UMCCevents@gmail.com to schedule a mandatory pre-bid meeting and site visit at the construction site located at 54745 McKenzie River Drive in Rainbow, OR. All questions from bidders AND bids must be received by the Upper McKenzie Community Center no later than 5:00 PM, PST on Friday, September 30, 2022.



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Page 8 McKenzie River Reflections THURSDAY, SEPTEMBER 22, 2022



#### Continued From Page 2

In the Boys 5K Junior Varsity Open race, Eagle freshman Will Meister finished his race in 26:15.20 min., good for 238th

#### **Eagle Athletics Are Back!** And It's Dang Good To See!!

McKenzie is once again fielding Fall Sports. The Eagles have not seen OSAA Fall sponsored competitive activities since the 2019 season. That Fall, McKenzie finished third in the Mt. West League Volleyball standings and qualified for the First Round of the OSAA State playoffs, under Head Coach Lorinda Marcy.

The Eagles finished third (Special District 4) in the OSAA unsanctioned "experimental" Six-Man Football season. Head Coach Fred Heins and Assistant Coach Jack Devereaux coached that team. As we all know, since, the world has been hit with the Covid viral disaster and here in our River Valley, the devastating Holiday Farm Fire 2020.

Never before in McKenzie School history have the Eagles had their athletic activities completely shelved. But Eagle Athletics are back! And despite school attendance still down as the recovery and rebuild efforts continue, athletes have returned to the fields, courses and courts.

McKenzie Head Cross Country Coach Corey Culp welcomes several Eagle High and Middle School athletes and is looking forward to a competitive and experience-growing season. McKenzie Head Coach Lorinda Marcy has stepped down and the new and rookie McKenzie Head Volleyball Coach is 2011 Eagle Alum Rachele Mark.

Mark, a Mt. West League All Star player for the Eagles, played on three McKenzie Mt. West League Championship teams coached by longtime Eagle Head Coach Dan Brenner. Mark

welcomes eleven athletes this fall and really starts from scratch as none of those stepping on the court have significant volleyball experience past Middle School several years past.

Four seniors are listed on the Eagle roster, Haley Prater, Anna Reidman, Spencer Hayes, and Taylor Wickizer. The two sophomores on the team are Rebekah Short and Pennelope Orantes. Five freshmen round out the roster, Madelyn Groggins, Paiten Clevenger, Mya Triplett, Grace Weiss, and Mackenzie Wickizer.

Over on the gridiron, the Eagles are also welcoming a "new" Head Coach. Fred Heins, the McKenzie Athletic Director and last Head Football Coach has stepped away to fulfill other school responsibilities. Stepping in, or should we say, back, is McKenzie Vice-Principal Neil Barrett.

Folks familiar with McKenzie Athletics will easily remember Coach Barrett, who has also served the Eagles as Head Football Coach Eight-Man, Head Baseball Coach, Assistant Basketball Coach, and Athletic Director. Coach Barrett coached the 2011 Eight-Man Football team to a 8-0 undefeated Mt. West League Title, 8-2 overall record with a First Round OSAA football playoff appearance, and a final 7th State ranking.

Barrett has ten athletes to work with this fall, including lone senior Trent Peek. Peek will split duties offensively with junior teammate Griffin Wilthalm. Other juniors finding time in the backfield as running backs are Thomas Hayes and Solomon Acevedo. At 6'6" and 320 pounds, junior Levi Lockard is obviously listed as a lineman, but don't be surprised to see Coach Barrett line up Mr. Lockard in the backfield depending on the situation!

One sophomore, Jamie LeClair will play wide receiver. Four freshmen join the team this fall, running back Allen Acevedo and linemen Naymien Deaz, Jacob Peek, and Kenneth Krohn.



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- 1. Gumbo pod
- 5. Old horse
- 8."I see!"
- 11. \*Like Yankees and Dodgers in
- 11 World Series
- 12. Kind of tale
- 13. Mother-of-pearl
- 15. \*Like a pennant in wind above a ballpark
- 16. Foam-at-the-mouth display 17. Agenda entries
- 18. \*League with most World Series
- 20. Oldsmobile founder
- 21. Two-door car
- 22. Legal org.
- 23. \*2018 World Series champs famous for Green Monster
- 26. Dockets
- 30. Paul is to Simon as \_\_\_ is to
- Garfunkel
- 31. Household
- \_-a-whirl fair ride
- 35. Kills a dragon
- 37. U.N. labor standards grp.
- 38. Follows a cut?
- 39. Certain party garb 40. Closed book
- 42. Repeated Latin dance step
- 43. Catch in a trap
- 45. Not like The Fonz
- 47. CrËme de cassis plus wine
- 48. Faquir, alt.spelling
- 50. \*Only 3 World Series games in
- history ended in these
- 52. \*Play-in game entry
- 55. Sticker on a jar
- 56. Rod of a hot rod 57. Sodium hydroxide
- 59. Falstaffian in body
- 60. Not quite an adult
- 61. World's longest river
- 62. Formal wear, colloquially
- speaking
- 63. Put to the test64. Big Bang's original matter

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1. Not quite right

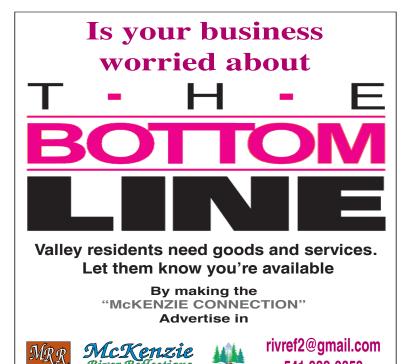
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- 2. Caffeine-producing tree 3. Paper unit
- 4. Characteristic to consider
- 5. W.E.B Du Bois's org.
- 6. Pool problem, pl.
- 7. "Rhinestone Cowboy" singer
- 8. Passed with flying colors
- 9. \*Baseball bullpens always need good ones
- 10. "For \_ a jolly ..."
- 12. Three in one
- 13. She turned to stone, mythology 14. \*Hometown of last year's World
- Series champs
- 19. Hotel's offering, pl.
- 22. It shows over time
- 23. Moisten a turkey 24. Acrylic fiber
- 25. Bambi and Rudolph
- 26. Bug-eyed 27. '70s music genre
- 28. Poetic although
- 29. \*Objectionable action
- encouraged on a diamond
- 32. \*Number of players in the field 33. Baba of "One Thousand and
- One Nights"
- 36. \*1949-1953 World Series winners
- 38. Go to pieces
- 40. Be off base
- 41. a.k.a. Shenyang
- 44. Bridal path
- 46. Nook's partner
- \_-upper, as in house
- 49. Bradley Cooper's 2021 movie
- "Nightmare 50. Taboo, alt. spelling
- 51. Wild goat
- 52. Light bulb unit
- 53. Train track 54. Dish out
- 55. Parking surface
- 58. Skirt bottom





C StatePoint Media Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.



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River Reflections

# Rural delivery

**Continued From Page 3** 

communities where more than two-thirds of Oregon residents' health care needs were not being

After the McKenzie River Clinic changed its name to McKenzie Valley Wellness, the medical practice - including the furniture, equipment, and supplies - was sold to Orchid, which was then operating clinics in Oakridge and Estacada.

"When we took over we felt the McKenzie River could be a great fit to the Orchid mission," Falvey says. His company's strengths he says, centered around knowledge of data files, administrative organization, and payment models, as well as having two operational sister clinics.

Orchid was operating locally in January and COVID hit in March, severely impacting what was hoped would be a smooth transition. Adding to that disruption was the Holiday Farm Fire that burned the building that housed the medical practice in Blue River.

"We met as an organization and decided how we could better prioritize our people and offer additional PTO (paid time off)," Falvey remembers. After the fire,



Orchid was conceptualized and founded by Oliver Alexander (left) and Orion Falvey, who participated in the Oregon Social Business Challenge in the fall of 2013. After taking second place in the state and meeting Nobel Laureate Muhammad Yunus, Oliver and Orion continued to research and develop Orchid into what it is today.

"the McKenzie team was told to take as much time off as they needed to get their lives in order and still get a paycheck."

While that was going on Orchid was able to continue providing local health care by bringing a fully equipped mobile medical clinic to Rainbow. As patients were being treated on-site, work was underway to convert the

former Rustic Quilt Shop structure into a functional clinic that is still in operation today.

Rebuilding the destroyed building in Blue River came into question when it was discovered Orchid had insurance covering the contents of the building - but not the physical structure - according to former McKenzie Wellness board member Tim Laue.

Churn, or the overturn in personnel, has also caused some people to question local operations. Falvey admits churn is troubling but points out it has increasingly become a much larger problem nationally. Some studies, he says, predict as much as 75% of the U.S. healthcare workforce is going to leave the profession in the foreseeable future.

By comparison, 10 employees have left the Oakridge clinic staff over the last 2 years, compared to 7 in Estacada. For the McKenzie Clinic, those numbers added up to

"It's a tough job," Falvey says. "Part of what we want to share is that there is a terrible load for rural health clinics and several have shut down."

"Another way we try to support our team is in workload. Other clinics see 20 to 25 patients a day. Our clinics see 10 to 12. We believe that means better patient care and a better work environment."

Besides challenges and churn the word controversy has worked its way into the local health care conversations. Falvey said he would rather "focus on how we're moving forward and stay out of the negative connotations in the community. Yes, we've made mistakes in the last couple of years and we've dealt with turnover. But there's nothing we've done that

has strayed from our mission."

The issue of insurance coverage was one point that he did want to clarify. Falvey said Orchid was not aware, until after the fire, that the lease agreement with McKenzie Valley Wellness said they were responsible for covering the building.

"That was missed by a few people, including our insurance review team. So when it burned down and we found out we were responsible it was kind of a scary moment," he says.

Since then, Falvey said a review of the email exchange Orchid had with their insurance carrier shows they had asked: "if the contract was read accurately and it was not up to us."

The amount of the insurance settlement has fallen far short of the \$1.8 million the replacement structure could cost. "We want to go back with McKenzie Valley Wellness and collect as much as we can to pay for the rebuild," Falvey said.

Looking ahead he says the future looks bright. "Right now our team is working well together and we can become an even better cooperator with the community. We don't want to be just a health care clinic. There are a lot of opportunities to share our values and share our mission," Falvey

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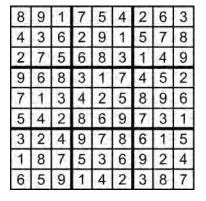
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